

Encountering Jesus in the Eucharist

A Sampling of Selected Resources

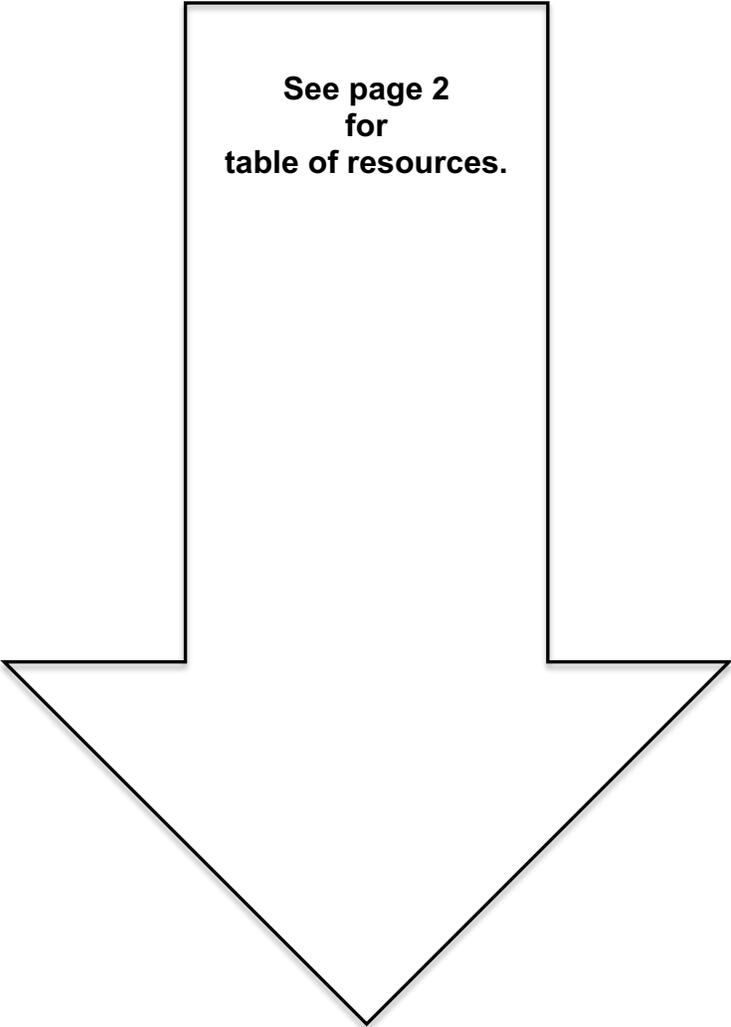
“The Eucharist is the most intimate way in which Jesus Christ is present to us...” “By participating in the Mass, each one of us has the opportunity to encounter Jesus Christ in the most profound way possible.” These two noteworthy statements from page ten of the U.S. Bishops’ document *Living as Missionary Disciples* (©2017 USCCB, Washington DC) are worth pondering. We might ask if the participants in our formation sessions are hearing — and believing — the message that Eucharist is a profound opportunity for us to encounter the Living God. The ERC can offer a variety of resources — both for lending or available online — that help people of all ages begin to understand that the Mass does offer them an opportunity to encounter Christ. Share the joy of encountering Jesus in the Eucharist and *Spread the MESSAGE with MEDIA!*

See the next page for a table of resources and discussion questions.

For more resources and options, contact the ERC staff:

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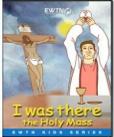
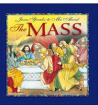


**See page 2
for
table of resources.**

Before presenting any of the resources, ask:

- How far do you think you would travel to go to an event if you knew Jesus was going to be there?
- How far do you think you would travel if you could spend time and have a conversation with Jesus, truly present?
- How far do you think you would travel to go to a place if Jesus made a promise that he would be there, in person, but in a way that you could not physically see him?

Choose any one (or more) of the resources below to present in your session.

Title #	Title	Age	URL Link	Quick Description	Image
PO01306 & PO01307	Consecration / Transubstantiation Poster & Steps Of The Consecration Poster	P, I, J		Show that Jesus can be encountered because He is TRULY present in the consecrated bread and wine.	
OV50108	Grace In The Real Presence	J, S, YA	https://safeshare.tv/x/dvPWK9kEP6Y	Hear from others who are awed by their encounter of Christ's Presence in the Eucharist.	
BK200776	Handshake From Heaven	EC, P		Encounter Jesus who comes to truly touch us in the Eucharist.	
DV31537 (also online)	I Was There: The Holy Mass	I, J	https://safeshare.tv/x/aYd5lhZTQ08#	Encounter Jesus offering His Sacrifice for you at every Mass.	
OV51038	In The Breaking Of The Bread (music video)	J, S, YA, A	https://safeshare.tv/x/ss5b577927cda8f#	Reflect on the encounter of the disciples with Jesus on the road to Emmaus -- and on our encounter with Him in the Eucharist.	
BK200983	Jesus Speaks To Me About The Mass	P, I		Encounter Jesus as he speaks to you, connecting events in His life with the parts of the Mass.	
DV31294 (also online)	Video Catechism: Sacraments - On The Road To Emmaus	J, S	http://vcatech.org/sacraments/	Encounter Christ in the Eucharist as a Guardian Angel transports you to the road to Emmaus.	

After presenting the resource(s) ask:

- According to what you have just heard/seen, where can you go to be with Jesus? (Mass/Eucharist)
- How did this show that Jesus is at Mass/in the Eucharist in a special way?
- Can you talk directly with Jesus during Mass? When? (Especially after receiving Him in Holy Communion.)
- Which stories from the Bible tell us that Jesus is with us each time we celebrate the Eucharist? (the Last Supper, Bread of Life Discourse (John 6), the Road to Emmaus)
- Why do you think we sometimes take it for granted that Jesus is truly present to us at Mass?
- What do you think we mean when we say we can "encounter Jesus at Mass"? (experience Him, talk to Him like a real friend, feel His presence in our hearts)
- What might you do to help yourself encounter Jesus every time you go to Mass? How can you help others encounter Jesus at Mass?
- If your church suddenly disappeared, how far do you think you would travel to go to Mass where you know Jesus is present — so that you could receive Him in Holy Communion, speak to Him, and receive His forgiveness?