

## 2019 Lenten Online Offerings

**Archdiocese of Dubuque Pinterest:** Lenten ideas, families, books, studies and more:  
<https://www.pinterest.com/dbqarch/boards/>

**Catholic Relief Services: How to Practice Lent:** Daily Lenten calendar, reflections, activities, stories, Rice Bowl:  
<https://www.crsricebowl.org/about/how-to-practice-lent>

**Blessed is She:** Daily reflections for women:  
[https://blessedisshenet.net/devotions/?mc\\_cid=80f008f5bc&mc\\_eid=a39fbc9391](https://blessedisshenet.net/devotions/?mc_cid=80f008f5bc&mc_eid=a39fbc9391)

**Catholic Mom:** Lenten ideas, reflections, studies: <http://catholicmom.com/>

**Creighton Online Ministries:** Lenten online daily prayer and retreats:  
<http://onlineministries.creighton.edu/CollaborativeMinistry/Lent/>



**Dynamic Catholic, Best Lent Ever:** Daily video series is based on *The Biggest Lie in the History of Christianity* by Matthew Kelly: <http://dynamiccatholic.com/bestlentever/>

**Evango:** *Ashes to Palms* Lenten video series: <https://evango.net/ashes-to-palms/>

**FaithND:** Online daily reflections: <http://faith.nd.edu>

**Ignatian Workout for Lent:** Audio reflections, prayer, and action steps:  
<https://www.ignatianspirituality.com/lent/the-ignatian-workout-for-lent-an-online-retreat>

**Loyola Press:** Living Lent Daily: <http://www.loyolapress.com/our-catholic-faith/liturgical-year/lent/living-lent-daily>

**Nouwen Society:** Lenten online book discussion for *Walk with Jesus*: <https://henrinouwen.org/>

**Pray-As-You-Go:** Daily online audio readings and reflections: <https://pray-as-you-go.org/>

**Redeemed Online:** Daily 2-3 minutes video reflections: <https://redeemedonline.com/lent/>

**Sacred Space:** Online weekly retreat reflections for Lent: <https://www.sacredspace.ie/node/199539>

**St. Paul Institute with Scott Hahn:** Free, online Lenten Bible Study: *Genesis to Jesus*:  
<https://www.bibleandthesacraments.com/streaming>

**Sisters of the Presentation:** Lent: [https://www.dubuquepresentations.org/prayer\\_lent.cfm](https://www.dubuquepresentations.org/prayer_lent.cfm)

**Strong Catholic Family Faith:** Lenten ideas for families: <http://www.catholicfamilyfaith.org/lent.html>

**Sunday Liturgy of St. Louis University:** Reflections on the Sunday Readings: <http://liturgy.slu.edu/>

**United States Conference of Catholic Bishops:** Lent Calendar:  
<http://www.usccb.org/prayer-and-worship/liturgical-year/lent/index.cfm>

**Word on Fire:** Daily Gospel reflections by Bishop Robert Barron: <https://dailycatholicgospel.com/sign-up-daily-gospel>

**For more ideas:** Archdiocesan Office of Adult Faith: [dbqcaf@dbqarch.org](mailto:dbqcaf@dbqarch.org)  
Archdiocesan Education Resource Center: <https://www.dbqarch.org/offices/education-resource-center/>