

Virtual Stations of the Cross



The traditional Lenten practice of praying the Stations of the Cross is a great way to not only *teach* the story of the suffering and death of Jesus, but to also *enter into* and *participate in* the suffering of Jesus. Participants can *truly encounter Christ* with this prayer experience, especially using a presentation of the Stations that is age-appropriate, reflective, and capable of touching individuals through multiple senses. This Lent, consider sharing virtual Stations of the Cross with images, music, and moving meditations that allow viewers to, in a small way, experience what Jesus experienced, journey with Him on the road to Calvary, and understand what the sufferings of Jesus mean for us today. Explore virtual Stations of the Cross for all age levels in this ERC listing.

Children's Stations of the Cross

<https://safeshare.tv/x/ss57fe48fa52fb8>

(ten-minute video moving continuously through each Station with colorful illustrations, instrumental music, and narrated meditations)

Stations of the Cross for Children from Loyola Press

English: <https://media.loyolapress.com/assets/lent/stations-eng/stations-eng.html>

Spanish: <https://media.loyolapress.com/assets/lent/stations-span/stations-span.html>

(flip-book style presentation with an image of each Station, instrumental music, and text to help viewers *speak to Jesus*)

Stations of the Cross from Catholic Online

<http://www.catholic.org/prayers/station.php>

(videos showing images from the Holy Land, movie clips and more with instrumental music, narrated meditations for young people, and prayers — option included to scroll down the page for a single image and text of the narration)

Virtual Stations of the Cross from Busted Halo

<http://bustedhalo.com/video/virtual-stations-of-the-cross>

(videos combining images and “flash-in text” in typical Busted Halo style videos, helping viewers reflect on and pray about Jesus’ teachings about the Kingdom of God, the reason his vision of this Kingdom led to his death, and ways God is speaking to us today about the Kingdom through the Stations)

Stations of the Cross from CRS Rice Bowl

<https://www.crsricebowl.org/stations-of-the-cross>

(instrumental music, narration, and film footage of our global family, raising awareness of the plight and suffering of the poor, inspiring justice, charity, and solidarity in our Lenten practices)

For these and more engaging resources on the Stations of the Cross check out the Archdiocese of Dubuque Pinterest boards below or contact the ERC.

- Children: <https://www.pinterest.com/dbqarch/lent-for-children-for-the-liturgical-year/stations-of-the-cross/>
- Teens/Adults: <https://www.pinterest.com/dbqarch/lent-for-youth-for-the-liturgical-year/stations-of-the-cross/>

Education Resource Center (ERC)

Archdiocese of Dubuque

DBQArch.org/ERC

[Pinterest.com/DBQArch](https://www.pinterest.com/DBQArch)

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