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Education Resource Center

Small Group Resources - Women's Groups Books / Journals - DVD Series - Online Resources

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<https://www.pinterest.com/dbqarch/adult-formation-dvd-series-and-online-resources/>

Created To Relate: God's Design For Peace And Joy

BK 269825 YA, A 160 pp.
Wahlquist, Kelly M. © 2015 Servant Books

Created to Relate explains the natural gift women have for building and maintaining life-giving relationships. Understanding the role of relationship within the Trinity can help you understand the importance of connection with others, the key to living the Gospel fully and joyfully. Wahlquist shows how you can use your ability to build relationships as a way to lead others to Christ. She provides practical tips to help you stay focused in the midst of the distractions and responsibilities that can lead to superficial connections. Each chapter contains a Scripture reading, reflection, discussion questions, and a practical application exercise.

Domestic Church, The: Room By Room - A Study Guide For Mothers

BK 241370 YA, A 254 pp.
O'Boyle, Donna-Marie Cooper © 2011 Servant Books

The home is a center of living faith, a domestic church, and motherhood is a vocation. This book offers a systematic course for mothers that is equally useful for groups and individuals. The leader's guide contains helpful suggestions for women on how to begin a study group in their parish or neighborhood, a format for weekly sessions, how to create a comfortable, inspiring atmosphere, and tips for leading each lesson.

Grace Of Yes, The: Eight Virtues For Generous Living

BK 248005 YA, A 160 pp.
Hendey, Lisa M. © 2014 Ave Maria Press

With warmth and practical advice, author Lisa Hendey helps you become more open to God's unique plan for your life through the virtues of belief, generativity, creativity, integrity, humility, vulnerability, saying no, and starting over. As she candidly reflects on her own faith journey, she guides you toward your own path of generous giving. Each chapter includes questions for personal reflection and a prayer that invites you into a deeper relationship with God.

Jesus Women, The

BK 220927 A 125 pp.
Alborghetti, Marci © 2006 Twenty-Third Publications

These first-person narratives are from women who were contemporaries of Jesus Christ. Each experienced him in a unique way and each became a disciple in her own right. They tell their stories about Jesus and the profound affect he had on their lives and their faith. Each story is drawn from Scripture and invites a personal response through an "Active Meditation" and a series of reflection questions. Women included are: Mary, Anna, The Widow of Nain, The Samaritan Woman, Daughter, The Canaanite Woman, The Mother of James and John, Joanna, Martha and Mary, The Adulteress, Pilate's Wife, and Mary Magdalene.

Rooted In Love: Our Calling As Catholic Women

BK 269826 YA, A 224 pp.
O'Boyle, Donna-Marie Cooper © 2012 Ave Maria Press

Through sometimes-unexpected stories from O'Boyle's own journey, she shows that being a faith-filled Catholic woman does not mean being perfect. Rather, in the midst of parenting difficulties, marital problems, economic hardships, and sickness, among other challenges, one finds strength in Christ and in the wisdom and community of the Church. She highlights how the sacraments, the virtues, prayer, Mary and the saints, the works of mercy, and various devotions and practices all offer women grace and guidance for their lives.

Walk In Her Sandals: Experiencing Christ's Passion Through The Eyes Of Women

BK 263421 YA, A 160 pp.
Wahlquist, Kelly M. © 2016 Ave Maria Press

Walk in Her Sandals takes you deeper into your relationship with Jesus by helping you relate to him in a profoundly intimate way. Looking at six universal gifts of women (receptivity, sensitivity, generosity, prayer, maternity, and the Holy Spirit) through the eyes of women in the gospels, the book guides you on a prayerful and creative journey through the days of Holy Week, Easter, and Pentecost. Twelve leading Catholic women writers, all of whom are associated with the organization Kelly M. Wahlquist founded, WINE: Women In the New Evangelization, will help you break open scripture, reflect upon it, apply it to your own life, and share your insights with others.

Women Of The New Testament: Their Lives, Our Hope

BK 220931 YA, A 128 pp.
Septién, Pía © 2012 Liguori Publications

In **Women of the New Testament**, Pía Septién presents eleven women who encountered the living God. Some knew him personally and spoke with him, like Mary Magdalene or the sisters, Martha and Mary. Others, like Elizabeth, recognized him as God even before he was born. In their friendships with Christ, these women found strength for their lives. Their stories are offered here in prose, with reflections on the virtues and lessons they teach us, notes from the Catechism of the Catholic Church, questions for the individual and group, and prayers. When you use **Women of the New Testament** as a guide for personal reflection or as a group Bible study, you will discover what it was that those women saw in Jesus, what led them to follow him, and what they teach us today. You will also realize what he saw in them; for just like us, they were in need of God's love.

Women Of The Old Testament: Their Lives, Our Hope

BK 220930 YA, A 128 pp.
Septién, Pía © 2012 Liguori Publications

Ruth's generosity, Anna's faith, Abigail's pure and upright conscience, the fortitude of the mother of Maccabees: These are some of the virtues and lessons we can learn from the women of the Old Testament and apply to our daily life. Author Pía Septién tells us eleven stories about women of the Old Testament and presents them as material for personal spiritual reflection. Every chapter offers the biblical story narrated in prose, quotes from the Catechism of the Catholic Church, and reflection and discussion questions.

Small Group Resources - Women's Groups

Books / Journals - DVD Series - Online Resources

Wrapped Up: God's Ten Gifts For Women (Book And Companion Journal)

BK 269726 YA, A 134 pp.
Tomeo, Teresa © 2012 Servant Books

Faith and the feminine genius are a natural combination. God gives every woman ten gifts to help her embrace her unique vocation. Drawing on both the deep wisdom of Scripture and a savvy grasp of modern culture, **Wrapped Up** will help you recognize these gifts. Each chapter of the Journal includes Scripture passages, Excerpts from the *Catechism of the Catholic Church*, selections from *Wrapped Up*, new insights from the authors, discussion questions, and room to write your personal takeaways.

Everyday Blessings For Catholic Moms

DV 31262 YA, A 120 min.
O'Boyle, Donna-Marie Cooper © 2011 Eternal Word Television Network

These twenty-five short (less than five minutes, each), meaningful lessons will be much enjoyed and easy to put into practice by Catholic mothers, fathers, and grandparents. Segment titles follow: A Mother's Never-ending Prayer - Carving Time for Prayer - Instilling Prayer in Our Children - Creating a Prayer Corner - Emulating Our Blessed Mother - A Mother's Serving Love - A Mother's Love that Challenges - A Mother's Sanctified Sacrifices - Being Like Martha and Mary - Human Beings Are Entrusted to Women - Little Details that Are Huge! - Meeting Jesus at the Well - Is Holiness Lost in Housework - First and Foremost Educator - The Pain of Miscarriage - Dealing with Demands - Keeping the Lord's Day Holy - Called to Holiness - Being Salt and Light - Our Lord in Our Homes - Dinner Time, A Holy Time - A Sincere Gift of Self - In the Heart of the Home - Raising Little Saints - Culture's Pressure on Girls.

Freedom To Love (3 DVDs)

DV 31333 YA 254 min.
West, Christopher © 2010 Ascension Press

Based on the teachings of John Paul II's *Theology of the Body*, and with an understanding of freedom as being selfless and existing for the sake of love, Christopher West presents a five-part study for young adults. You will find answers to questions such as What is the Theology of the Body and how can it change my life? What does it mean to live a life of freedom? What does real love look like and how do I live it? How can I tell the difference between love and lust? What is the problem with pornography? and Does contraception make me free? Included are five talks on DVD (each about 50 min.), Leader's Guide, and Participant Workbook.

Into The Heart: A Journey Through The Theology Of The Body (Disc I)

DV 30937 YA, A 480 min.
West, Christopher © 2009 Ascension Press

Building upon *An Introduction to the Theology of the Body*, **Into the Heart** is a sixteen-session, eight-hour study that will move you deeper into this life-changing message, enabling you to apply and integrate it into every aspect of your life. Here you will be given the tools needed to develop the sacramental worldview that is so crucial to living an authentic human sexuality. This DVD set contains the first eight of sixteen, half-hour sessions: *Session I: A Vision of Hope for the Heart*, *Session II: Nuptial Union - A Call to Deep Intimacy with God*, *Session III: The Body - A Witness to Love*, *Session IV: The Body - Sign of God's Mercy*, *Session V: The Heart: A Battlefield between Love and Lust*, *Session VI: The Dimensions of Lust in the Heart*, *Session VII: The Law and the Heart*, and *Session VIII: Blessed are the Pure of Heart*. (Includes 8 of 16 sessions on four DVDs, student workbook and leader's guide.)

Into The Heart: A Journey Through The Theology Of The Body (Disc II)

DV 30938 YA, A 240 min.
West, Christopher © 2009 Ascension Press

Building upon *An Introduction to the Theology of the Body*, **Into the Heart** is a sixteen-session, eight-hour study that will move you deeper into this life-changing message, enabling you to apply and integrate it into every aspect of your life. Here you will be given the tools needed to develop the sacramental worldview that is so crucial to living an authentic human sexuality. This DVD set contains the last eight of sixteen, half-hour sessions: *Session IX: The Ultimate Fulfillment of the Body*, *Session X: Celibacy and Sexuality*, *Session XI: The Great Mystery of Marriage*, *Session XII: Spousal and Redemptive Love*, *Session XIII: The Language of the Body*, *Session XIV: Singing the Song of the Body*, *Session XV: The Teaching of Humanae Vitae*, and *Session XVI: Outline of Marital Spirituality*. (Includes 8 of 16 sessions on four DVDs. Does NOT include student workbook and leader's guide.)

Momnipotent

DV 31258.1 YA, A 240 min.
Bean, Danielle © 2014 Ascension Press

Over the course of eight thirty-minute sessions, you will journey with a group of women of diverse backgrounds as they discuss real issues that moms face every day. You will hear unique perspectives and gain practical advice from experienced moms who are still learning and growing in their vocations. This group series allows you to gather with other women to pray, journal, and share. (Includes 4 DVDs, *Momnipotent* book, participant's journal and leader's guide journal)

Online Retreats: Adult Retreats

OR 50522 YA, A © 2015 Good Ground Press

<http://www.goodgroundpress.com/retreats.aspx>

Self-guided online retreats will help you slow down and reflect. These retreats use reflections, prayers, artwork and photos, and journaling to walk you through multiple-session retreats that can be completed in your own setting, on your own time, at your own pace. Retreat offerings include Memoir Writing, Women of Prayer and Justice, Everyday Spirituality: A Busy Person's Retreat.

Walking With Purpose

OR 50892 YA, A © 2016 Walking With Purpose, Inc.
Brenninkmeyer, Lisa

<http://walkingwithpurpose.com/>

Walking with Purpose is a Catholic Bible study program that aims to bring women to a deeper personal relationship with Jesus Christ. Personal study and small group discussions link everyday challenges and struggles with solutions given through the teachings of Christ and the Catholic Church. Several programs are offered which include both DVD components (also available for online viewing) and print guides / journals for participants (also available via download). Leadership training is also available.