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Education Resource Center

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High School Curriculum: Theme #5 Sacraments as Privileged Encounters with Jesus Christ

5.1 Recognize that Jesus Christ is ever-living and ever-present in our lives.

Gospel Scenes For Teens: Twenty-Three Guided Prayer Meditations

BK 242107 J, S, YA 80 pp.
Schneider, SND, Sr. M. Valerie © 2000 Twenty-Third Publications

What would happen if you forgot where you lived or even who you were? Such amnesia would surely isolate you. Without a last name, to whom do you belong? Without an address, can you find your home? **Gospel Scenes for Teens** provides wonderful, imaginative opportunities for you and your teens to remember that your name is "Christian" and our home is in God. Prayer enables us all to remember we belong to the Lord. These creative, down-to-earth meditations build on the appeal that Scripture has for teenagers, who want to feel close to others and to their God. This prayer-form invites students to actually become part of the gospel scene. Most of the meditations are from the point of view of an actual figure in Scripture; a few use imaginary characters. Each guided meditation is accompanied by a tone-setter, an introduction, the Scripture passage, and a closing prayer-activity, all of which can be used in a variety of combinations depending on your needs and situation. Use these **Gospel Scenes for Teens** in religion class, for retreats, in small group gathering, and as part of communal celebrations of reconciliation.

Who Do You Say That I Am?

OV 50106 J, S 4 min.
© 2010 YouTube / Outside Da Box Production

<http://safeshare.tv/w/HaezrFqse>

This video takes both a humorous and serious look at who Jesus is for us, how we pray to him, how we treat him in daily life, and how we respond to his love for us.

5.2 To understand that a Sacrament is a significant (privileged) encounter with Christ and through His Church.

Reflections For The Spiritual Explorer (DVD)

DV 30870.1 J, S, YA, A 28 min.
© 2005 Oblate Media and Communications Corp

Three meditations are offered in this video for centering prayer, discussion starters, seasonal reflections and more. *With You Always*: Amid the twists and turns of life, God is with you...always. Reflective images bring to life the song, "Mary Did You Know." As God was with Mary, God is also there to guide you through the mysteries of life. And, like Mary, you are destined to do great things for the good of all. Includes a brief prayer service and reflection questions for the liturgical seasons of Advent, Lent and Ordinary Time. (6 min.) *How Beautiful*: You are beautiful in the eyes of God. Through the Eucharist we not only remember Christ but also learn to become the Body of Christ. The song, "How Beautiful" is paired with images in this reflective piece. (6 min.) *Mystic Moments*: A quote from Thomas Merton sets the stage on a beautiful day in early fall. Natural beauty and the presence of God follow us on a peaceful walk through nature's bounty during a few short "mystic moments." (16 min.)

Seven Sacraments

OV 50118 J, S 3 min.
© 2014 YouTube / Outside Da Box Production

<http://safeshare.tv/w/IBOahiEBeb>

This brief introduction to the seven sacraments includes Spanish subtitles. (Discussion Guide available at <http://www.vcat.org/discussion-guides.html>?)

Video Catechism: Volume II - Sacraments

DV 31294 J, S, YA 60 min.
© 2014 Outside Da Box Production

This collection includes twelve short films from the Outside Da Box collection. **The Seven Sacraments**: This is a brief overview of the seven Sacraments and the purpose each serves. (3 min.) **On the Road to Emmaus**: A special visitor joins Will at Mass on Sunday and suddenly the Mass will never be the same. (8 min.) **Initiation**: A story-telling grandpa with an over-active imagination tries to explain the Sacraments to his grandkids. (4 min.) **Holy Water**: A "voice" takes a teen on a journey into his past and future to see exactly what holy water signifies. (4 min.) **We Adore**: Witnesses, from saints to priests to teens today, speak of the importance and beauty and power of the Eucharist and adoration of the Eucharist. (3 min.) **It's NOT Graduation**: This video challenges the concept that Confirmation is "graduation." (3 min.) **How Do I Go to Confession**: Walk through the Sacrament of Reconciliation in a creative way. (4 min.) **Suffering and Glorified**: Two kids who have battled illness receive strength through the Sacrament of the Anointing of the Sick. (6 min.) **Get Up and Walk**: We see the need to bring each other to Christ for forgiveness and healing through a contemporary re-enactment of a Biblical healing. (8 min.) **The Game of Life**: As teens play a different spin on the game of Life, they learn about vocations and the sacraments that are associated with them. (4 min.) **Chris Padgett Talks about Marriage**: Chris Padgett shares his thoughts about the Sacrament of Marriage. (6 min.) **Call Waiting**: Will thinks he might be called to the priesthood, but does not know for sure. (7 min.)

5.3 Become familiar with the Sacraments of Initiation (Baptism, Confirmation, and Eucharist) and the symbols used in the Sacraments.

Catholic Essentials PowerPoint: The Sacraments of Christ

OC 50728 S
© 2016 Ave Maria Press

<https://www.avemariapress.com/resources/1/439/>

This PowerPoint presentation explores the history, signs, symbols, and meaning of the seven sacraments. (Sign-in giving email address required.)

High School Curriculum: Theme #5

Sacraments as Privileged Encounters with Jesus Christ

Initiation

OV 50110 J, S, YA 4 min.
© 2013 YouTube / Outside Da Box Production

<http://safeshare.tv/w/AxKZZbPywj>

A grandfather makes a comparison between initiation into a group and the initiation rites of the Catholic Church. The rites include drowning in water (Baptism), being covered in oil and set on fire (Confirmation), eating flesh (Eucharist), and dying (to sin). (Discussion Guide available at <http://www.vcat.org/discussion-guides.html?limitstart=0>)

Sacrament Of Baptism

OV 50218 I, J, S, YA, A 3 min.
© 2014 YouTube

<http://safeshare.tv/w/phccsHdeTo>

This is an upbeat music video introducing the Sacrament of Baptism using text and images in a slideshow.

Sophia Sketchpad: Confirmation

OV 50686 S, YA, A 6 min.
© 2016 YouTube / Sophia Institute for Teachers

<http://safeshare.tv/v/ss572cb946ca9d3>

This video focuses on Confirmation, explaining the connection to Pentecost, the special outpouring of the Holy Spirit that deepens and perfects baptismal grace, and the mission that accompanies reception of the Sacrament. Discover what Confirmation is, what it is not, and how to make the grace of the sacrament most effective in your life.

5.4 Explore the story of salvation as it relates to Christ giving Himself to the Church for our Salvation through the Eucharist.

Bible Blueprint For The Mass, The

AD 19048 S, YA, A 182 min.
Broussard, Karlo © 2012 Catholic Answers, Inc.

Apologist and teacher Karlo Broussard takes you on a journey through the scriptural foundations for the highest form of Christian prayer: the Holy Mass. He shows you how the structure of the Mass, its words and gestures, its built-in theology, its heavenly orientation, can be traced to types and models in God's written Word — to a "Bible blueprint" showing us how to build a perfect temple of praise. Disc I - Learn how in the Mass we speak a "biblical language," echoing (and fulfilling) truths about liturgical worship revealed throughout salvation history. Disc II - Explore the relationship between the Mass on earth and the worship of the angels and saints in heaven. Drawing heavily from the Book of Revelation, Broussard shows how the Mass is our participation in the "eternal liturgy" taking place before God's throne. Disc III - Discover how Christ's saving sacrifice, which is the very heart of the Mass, is a thoroughly biblical concept. Far from contradicting biblical teaching that Jesus died "once for all," the Mass is built firmly on that teaching, and on other Bible truths about the re-presentation of expiatory sacrifice. (3 CDs)

Penance

OV 50535 J, S, YA, A 2 min.
© 2013 Diocese of Rochester

<http://safeshare.tv/w/TxesVbXTlo>

The visuals and instrumental music in this video are reminders that we are cleansed of our sins through the blood of Christ and the Church's Sacrament of Penance.

Road To Emmaus

DV 30607.1 J, S, YA, A 30 min.
© 2009 Vision Video

This video tells the story of Jesus' walk with two disciples on the road to Emmaus the afternoon of Easter Sunday. During the walk Jesus explains why it was necessary for him to suffer and rise from the dead and reveals the many mysteries that lay hidden in the ancient Scriptures. Soon, the purpose of Jesus' life becomes clear and the travelers' sadness turns to great joy. This story summarizes salvation history and celebrates the Resurrection of Jesus. (Includes both English and Spanish Language tracks.)

Rosary Musical "SORROW": The Crucifixion And Death Of Jesus Song

OV 50278 S, YA, A 6 min.
© 2013 YouTube / QuietWatersMedia

<http://safeshare.tv/w/BYIENixGiX>

This music video is a sung meditation on the Fifth Sorrowful Mystery of the Rosary. It sings and dramatizes the related Scripture passage. The connection between the sacrifice of Jesus on the cross and the sacrifice of the Mass is made apparent in this video. A somewhat graphic depiction makes this unsuitable for younger audiences.

Sophia SketchPad: The Eucharist

OV 50451 J, S, YA, A 7 min.
© 2014 YouTube

<http://safeshare.tv/w/mHLWMDYAQQ>

This video focuses on the Eucharist, defending the doctrine of the Real Presence. It explains the connection between Original Sin, Christ's death and Resurrection, and the Holy Mass. (Viewing guide and other teacher resources are available at SophiaSketchPad.org.)

High School Curriculum: Theme #5

Sacraments as Privileged Encounters with Jesus Christ

5.5 Experience the symbols and rituals of the Mass through a re-enactment of the Mass with concurrent explanations through the experience. (practice Mass)

Catholic Mass Book For Older Kids

OR 50658 J, S 17 pp.
© 2014 Look to Him and Be Radiant

<https://drive.google.com/file/d/0B5ETRkL51fhMNGizZWEWYjEtMmlwZS00NzkLWE2NmEtMWIxNDUyMjk0N2Qz/view>

This pdf document can be used by teens to guide them through the Mass. It includes the text of the Mass, quotes from saints, Bible connections to the liturgical text, and brief explanations to help youth follow along and understand the Mass more deeply.

Inspired By This Confidence: The Mass Explained

DV 30445.1 I, J, S, YA, A 69 min.
© 2007 Catholic Kids' Games

A priest breaks down the Catholic Mass, explaining the meaning behind its mysteries as well as a deeper understanding of the Eucharist. *Segment I:* The vessels and vestments and other liturgical items used at Mass are explained, and a brief introduction to the Mass is given. (26 min.) *Segment II:* A further explanation of the vestments is given as the priest prepares for Mass. The Introductory of the Mass and the Liturgy of the Word are explained. (22 min.) *Segment III:* The Liturgy of the Eucharist is demonstrated and explained, as well as the dismissal. (21 min.)

Mass Unveiled For Children: The Greatest Act Of Love Ever...

DV 30719.1 I, J, S, YA, A 30 min.
© 2010 Brothers of St John and Children of Hope

In this educational video, Fr. Antoine debunks the myths that Mass is boring, Mass is always the same, and Mass is not necessary because prayer can be said anywhere. From the visible liturgy, Fr. Antoine explains the invisible mysteries as he explores reasons for attending Mass, the meaning of the priest's vestments, and many specific elements of the Mass such as why the priest drops a little parcel of the Host into the chalice before Communion. This video will help both children and adults understand why we do what we do at Mass.

Why Catholics Do What They Do (In Church) / Connecting With God: Ways To Pray

DV 30871.1 J, S, YA, A 50 min.
Chesto, Kathleen © 2002 Oblate Media and Communications Corp

Why Catholics Do What They Do - Symbols and signs are essential to the Roman Catholic Liturgy and Ritual. In four, five- to seven-minute segments, candles, water, gestures, and crosses are covered in a way that will help young people, catechumens, and even life-long Catholics better understand the important reasons for these traditions and how they help us grow in faith. (25 min.) **Connecting With God** - Have you ever thought of God as you gaze out at the ocean, as you listen to your favorite music, or as you have a real good stretch in the morning? If so, you were "connecting with God." This program takes a closer look at what prayer can be by focusing on three ways that we can connect with God through our bodies, through music, and through nature. (25 min.)

5.6 Experience Jesus in the Eucharist. (real Mass)

Enjoy a joyful celebration of the Mass!

5.7 Come to know the Sacrament of Service (Holy Orders and Marriage) as ways that people commit to serving God and His Church.

Chris Padgett Talks About Marriage

OV 50170 J, S, YA 6 min.
Padgett, Chris © 2014 YouTube / Outside Da Box Production

<http://safeshare.tv/w/iQRwpPZFFT>

Chris Padgett shares his thoughts about the Sacrament of Marriage. He cites wisdom on marriage from the words of St. John Paul II and shares thoughts on the true meaning of selfless love.

Sophia Sketchpad: Marriage

OV 50630 S, YA, A 7 min.
© 2015 YouTube / Sophia Institute for Teachers

<http://safeshare.tv/w/ktNslSalUm>

This video defines and explains sacramental marriage. Topics include marriage as a gift from God reflecting the love of the Trinity, the complimentary nature of men and women, marital love as sacrificial and self-giving, and the dignity of home and family.

5.8 Recognize the Sacraments are an experience of a relationship, which is exemplified by the sanctity of Marriage.

High School Curriculum: Theme #5

Sacraments as Privileged Encounters with Jesus Christ

Pope Francis Minute, The: Video 04 - The Secret To Having A Successful Relationship

OV 50623

J, S, YA, A
© 2015 YouTube / Catholic Link

3 min.

<http://safeshare.tv/w/CgAOTSTaya>

This is an episode in an animated series about Pope Francis. While the stories in the series are fictional, the words from the Holy Father are inspired by his speeches and writings. Pope Francis shares advice about marriage and engagement that should be kept in mind by couples hoping to have a successful relationship and a Christian engagement and marriage. Pope Francis encourages the couple to get to know each other in wholesome ways. He further encourages the couple to participate together in prayer, the sacraments, and works of charity.

5.9 Become familiar with the Sacraments of Healing (Reconciliation and Anointing of the Sick).

Confession Explained

OV 50006

J, S, YA, A
© 2012 YouTube

6 min.

<http://safeshare.tv/w/mWjfrRSIji>

Learn the reasons that Catholics tell their sins to a priest as this apologetic explanation is rapidly drawn.

I Confess

OV 50456

J, S, YA
© 2014 YouTube / LifeTeenInc

5 mn.

<http://safeshare.tv/w/zeBOmcTzSr>

A teen struggles with going to Reconciliation. He is nervous and unsure about what to do. After convincing himself to go, the priest comforts and reassures the teen, walks the teen through the rite, and gives absolution. This is a tender explanation and portrayal of the beauty of this sacramental celebration.

Sophia Sketchpad: Confession

OV 50539

J, S, YA, A
© 2015 YouTube / Sophia Institute for Teachers

8 min.

<http://safeshare.tv/w/uLxJlJwAp>

This video explains the need for Sacramental Reconciliation, the Biblical foundation for the Sacrament, the steps in the Ritual, and the value of celebrating the Sacrament. Through simple sketch drawings and narration, viewers will come to a better understanding of this Sacrament.

Suffering And Glorified

OV 50133

J, S, YA, A
© 2014 YouTube / Outside Da Box Production

6 min.

<http://safeshare.tv/w/PHgwQXsDtB>

Meet two kids who have battled illness and received strength through the Sacrament of the Anointing of the Sick. (Discussion Guide available at <http://www.vcat.org/discussion-guides.html?limitstart=0>)

5.10 Encounter Christ's forgiveness through an opportunity to receive the Sacrament of Reconciliation.

Archdiocese of Dubuque Pinterest Board: Sacraments - Reconciliation

OL 50778

EC, P, I, J, S, YA, A
© 2016 Archdiocese of Dubuque

<https://www.pinterest.com/dbqarch/sacrament-of-reconciliation/>

Archdiocese of Dubuque Pinterest Boards included pins to trusted resources.

Blest Are They: The Beatitudes

OV 50289

J, S, YA, A
© 2009 YouTube

8 min.

<http://safeshare.tv/w/ercnxNqmlC>

Text and photographs, backdropped with instrumental music create a reflection on the Beatitudes and what they mean for us today. This could also be used as an examination of conscience.

How Do I Go To Confession?

OV 50161

I, J, S, YA, A
© 2014 YouTube / Outside Da Box Production

4 min.

<http://safeshare.tv/w/KctOnVylzG>

This is an introduction to sacramental Reconciliation. The video uses sketches to explain the necessity for the sacrament, the steps in the rite, and the value of this sacrament. (Discussion Guide available at <http://www.vcat.org/discussion-guides.html?limitstart=0>)

High School Curriculum: Theme #5

Sacraments as Privileged Encounters with Jesus Christ

Reconciliation Services Through The Church Year

BK 242484 S, YA, A 76 pp.
Banta, Margrit Anna © 2004 Twenty-Third Publications

This book offers twelve fully-developed parish reconciliation services. Easy to use, easy to adapt, easy to duplicate, these reconciliation services cover the major seasons of the church year: Advent, Lent, Holy Week, Easter, Pentecost, and Ordinary Time. Each offers directions for the leader, homily suggestions for the presider, opening prayers centered on the Trinity, Scripture readings, and an examination of conscience. Many conclude with a sharing of peace, the Our Father, and a final blessing. The comprehensive homily suggestions deftly connect the gospel readings to the real-life experiences of parishioners.

Sacrament Of Penance For Teens, The: A Time For Healing

BK 269491 J, S 30 pp.
Givens, Steven J. © 2007 Pflaum Publishing

This booklet gives teens a straightforward, concise, and reassuring explanation of the meaning and benefits of the sacrament of Penance. It includes a concise review of the meaning and benefits of the sacrament, an explanation of the need to confess to a priest, suggestions for developing a positive attitude toward the sacrament, an examination of conscience, and prayer for before and after confession.