

# Marriage Enrichment Resources

Archdiocese of Dubuque Family Life Office

## Video Series:

1. **Beloved: Finding Happiness in Marriage** – In this twelve-part series, Edward Sri and other well-known Catholic voices give practical advice to help couples fully live the richness of married life. Through Scripture, Tradition, and Church teaching, God's plan for marriage comes alive. (Includes leader and couple guides) (DV#31323 – 31328)
2. **Six Dates for Catholic Couples** – In this parish marriage-building program, John and Teri Bosio remind couples of the meaning of Christian marriage and the blessing that marriage is to the Church and society. (DV#30562.1)
3. **The Beatitudes: A Couples' Path to Greater Joy** – In these six sessions, John and Teri Bosio explore the Beatitudes as the path to holiness in Christian Marriage. (DV#30964.1)
4. **The Virtues: Prudence, Justice, Fortitude, Temperance** – With this program from John and Teri Bosio parishes invite couples to reflect on the virtues that help spouses mature as persons, grow in holiness, and strengthen their marriage. The virtues examined are: Prudence, Justice, Fortitude, and Temperance. (DV# 31495.1)
5. **An Introduction to the Theology of the Body: Discovering God's Glorious Plan For Your Life** – Drawing upon Pope John Paul II's *Theology of the Body*, Christopher West shares God's original plan for marriage and sexuality and how an understanding of this plan gives profound meaning to all our lives in these eight sessions. (DV#30533)
6. **The Third Option** – Created by Patricia Crane Ennis, M.S.W., this fourteen-part series is an ongoing group program designed to help build better marriages. Learn the tools needed to have a successful marriage. (BK#241341)
7. **Marriage Works in Christ: Discovering the Power of a Faith-Filled Marriage** – In this thirteen part series by Rev. James Dean and Greg and Julie Alexander, you will learn about God's original plan for marriage and practical ideas on how your marriage can thrive in a chaotic world. (DV#30962)
8. **The Choice Wine: 7 Steps to a Superabundant Marriage** – In these nine sessions, Steve Bollman introduces couples to the 7 Steps to a Superabundant Marriage. When intentionally lived throughout their marriage, these simple yet powerful steps have the ability to transform a couple's marriage and family! (BK#241386)

For questions, contact Matt Selby at [m.selby@dbqarch.org](mailto:m.selby@dbqarch.org) or 563-556-2580, ext. 233. All these programs are available to check out at the Archdiocesan Education Resource Center by calling 563-556-2580, ext. 210 or ext. 214.

## **Books:**

*Embracing God's Plan for Marriage: A Scripture Study for Couples*  
– Mark & Melanie Hart (BK#269732)

*For Better... Forever: A Catholic Guide To Lifelong Marriage (Revised And Expanded)*  
– Greg & Lisa Popcak (BK#241068)

*The Twenty-One Undeniable Secrets of Marriage: Taking Your Relationship to the Next Level* – Allen Hunt (BK#241091)

*Men, Women, and the Mystery of Love: Practical Insights from John Paul II's Love and Responsibility* – Edward Sri (BK#241071)

*Mission of the Family* – John Leonetti (BK#241071)

*Holy Marriage, Happy Marriage: Faith-Filled Ways To A Better Relationship* – Chris Padgett (BK#241088)

*Marriage: Small Steps, Big Rewards* – Dr. Ray Guarendi (BK#241335)

*Marriage 911: How God Saved Our Marriage (And Can Save Yours, Too!)*  
– Greg & Julie Alexander (BK#241337)

## **Online Resources:**

Marriage: Unique for a Reason - [www.marriageuniqueforareason.org/](http://www.marriageuniqueforareason.org/)

For Your Marriage – [www.foryourmarriage.org](http://www.foryourmarriage.org)

Teams of Our Lady - [www.teamsofourlady.org/](http://www.teamsofourlady.org/)

Worldwide Marriage Encounter – [www.iowa-wwme.org](http://www.iowa-wwme.org)

The Alexander House – [www.thealexanderhouse.org](http://www.thealexanderhouse.org)

Knights of Columbus (Domestic Church Initiative) – [www.kofc.org/domestic-church](http://www.kofc.org/domestic-church)

Archdiocese of Dubuque Pinterest Page – [www.pinterest.com/dbqarch](http://www.pinterest.com/dbqarch)

Archdiocese of Dubuque Family Life Office – [www.dbqarch.org/family-life](http://www.dbqarch.org/family-life)

Archdiocese of Dubuque Natural Family Planning Site – [www.dbqarch.org/nfp](http://www.dbqarch.org/nfp)